

## **Neo Lynch | Tap, Jazz, Contemporary Instructor**

Neo Lynch is a former competition dancer from Alexandria, VA where she studied jazz, ballet, tap, pointe, lyrical, BIO gymnastics, contemporary and hip hop for 15 years. She attended Virginia Commonwealth University as a Division 1 Track & Field athlete and received a B.S. in Criminal Justice, then pursued a career as a professional dancer. She danced for Beyonce, Ciara, P. Diddy, Gucci Mane, Nelly, Bow Wow, Keri Hilson, Ying Yang Twinz, The Dream, Dirty Money and Cherish. She has graced the stages of the MTV VMA's, BET Awards, BET HipHop Awards, MTV's Sweet 16, MTV Japan and Good Morning America, in addition to being a principal dancer in dozens of national and international music videos. She has toured with Ciara, Mary J Blidge, Jay-Z, New Kids on the Block, Chris Brown, and the International Raggs Kids Club Tour. Neo has been featured in commercials for Dunkin Donuts, Tyler Perry and Verizon Wireless, and was a hip-hop Coach on MTV's hit series "Made."

Neo has worked with JaQuel Knight, Sean Bankhead, Jamaica Craft, Frank Gatson, Fatima Robinson, Marty Kudelka, Jamie Parrish, James Alsop, Laurieann Gibson and Richy Squirrel. Her creativity, warm spirit, and certification as a personal trainer has landed her opportunities to serve as specialty choreography consultant to music videos for R&B artists Ciara, Keri Hilson, Tami Chynn and Cherish. With over 20 years experience teaching and choreographing, Neo has served as a judge for Kids Artistic Review National Dance Championships, as Artistic Director to Dancensations Dance Center and is a company choreographer to multiple nationally competitive dance studios and academies in Virginia and Maryland. Neo was honored at the RVA Dance Awards for Best Heels Choreography and Best Lyrical Choreography while also being nominated for Best Jazz Choreography. Her competition choreography consistently places in the Overall High Score rankings, as well as winning Choreography Excellence Awards and Entertainment Awards. Her students and mentees have gone on to dance for Beyonce, The Rockettes, SNL, The Billboard Awards, BET Awards, Nickelodeon, NFL dance teams, SYTYCD, World of Dance, Dance Moms, Mariah Carey, Lil Nas X and Rihanna.

Neo's mission is to positively influence others through her passion for dance. She loves helping her students identify, work towards and accomplish their dreams. Neo currently holds residency teaching positions at 4 studios, is a certified personal trainer by day, a nationally competitive bodybuilder in her free time and is the mother to a beautiful boy.

